

ROCKING J RANCH -LIABILITY RELEASE FORM

One Form/Household; Each rider's printed name/Signature, Parent signs for under 18

WARNING: Serious Injuries have occurred around this type of activity - No guarantee of safety. Under Missouri Law, An equine professional is not Liable for an injury to or the death of a participant in Equine activities, resulting from the Inherent risk, due to the unpredictable nature of the horse. Rev/stat/Mo./1994--- Also Posted at Ranch.

REGISTRATION OF RIDER(S) AND AGREEMENT PURPOSE in consideration of the payment of a fee and Signing , I agree, either for myself or for my child or as guardian of person(s) under age 18, to participate or allow to participate in riding at Rocking J Ranch premises, or where we go off premises. Pertaining to participating in programs on grounds or away today and from now on.

PROTECTIVE HEADGEAR--- I/we have been offered headgear, and warned that is strongly advised that by wearing protective headgear it greatly reduces or eliminates the severity of Head Injuries caused while -mounting, riding, dismounting, or otherwise being around horses on the ground. Wearing Equine Approved Helmets have been known to also have help prevent death.

RIDER RESPONSIBILITY-Sandals or flip-flops are Dangerous for you. Tennis Shoes/ Boots/ closed in shoe is okay. Hiking boots are usually too wide for average stirrup.

Upon taking up the reins, you are in control, and should not pull back harshly or scream, squeeze tightly with lower legs/heels, which could cause the horse to react from undo pressure. Rider should sit up straight, be relaxed, back straight, heels down, shoulders back, and head up, and to alert Wrangler of any concern or questions. Rider will hold the reins with some slack, thumbs up and knuckles out. Rider assumes all Responsibility for ANY condition and whether it is okay to ride a horse according to what their Doctor has advised them, including pregnant women. In mounting, Rider considers himself physically able to ride. We strongly urge pregnant women not ride horses. You will not ride up within Kicking range of another horse, or try to pass another horse, within range of a kick. No racing, no passing on the trail staying in line.

SADDLE GIRTHS/NATURAL LOOSENING - Rider must alert the wrangler if saddle seems loose, when mounting the horse. It should be retightened then. Also check it himself (the device behind the forearm that holds saddle on horse) If saddle shifts while riding, just step in opposite stirrup and pull over on horn. & **Notify the Wrangler if your saddle does not stay in middle of horse's back.**

CONDITIONS OF NATURE AND INSPECTION OF PREMISES - The Ranch is **NOT** responsible for occurrences of **nature, weather, or other animals, that could temporarily spook a horse.** Or unevenness in the ground, ditches, terrain changes, holes, or branches either hanging down or that need to be stepped over. We caution you when going downhill to lean back a bit. Rider is to **lean forward for going under a branch & uphill.** If horse stumble or seem to slide, just lift reins toward sky, and lean back, horse will regain balance within a step or two. Flies or bees can bite or sting a horse, so rider will keep them swished away. Horses are regularly sprayed with repellent to also help.

ACTIVITY RISK CLASSIFICATION - RUGGED ADVENTURE SPORT ACTIVITY, There are inherent risks always present during such an activity despite safety precautions taken. **According to NEISS, horse activities rank 64th in regard to injuries during activities that require a hospital stay.** Injury could occur. **You agree to assume your own liability and cover all costs of any injury in exchange for the benefits you are learning & hoping to gain by riding horses.** You either have your own insurance or agree to pay all your own bills related to any injury related to this activity today or in the future here.

LIABILITY RELEASE--- In consideration of the benefit I /we or my child is gaining from this activity, I/we agree to hold harmless, Rocking J Ranch LLC, it's agents, managers, wranglers, land owners, Rocking J Ranch, and anyone else involved, either directly or indirectly, or general public present of any not mentioned here. To hold harmless from any liability that arises from any type of negligence implied, realizing risk myself and for my family. Will not attempt to bring **ANY course of action**, send ANY bills or contact any attorney to bring suit. Whether, bodily, economic, injury, death, or anything in between, that could have occurred while present at ranch or around or on any horse. **I DECLARE I AM NOT OVER 225 LBS. AND I AM PHYSICALLY ABLE TO RIDE TODAY.**

ONE FORM PER HOUSEHOLD

Printed Name:

Age:

Signature (if minor, parent or guardian must sign)

1.

2.

3.

4.

5.

6.

7.

Please Read the Safety Rules below and sign below to acknowledge you and your group are informed of these common sense safety rules concerning horses. Our horses are used to riders and are very good animals . Still we cannot guarantee your safety 100%.

RULES / SAFETY/HOW TO RIDE A HORSE - YOU NEED TO BE HIS LEADER

GROUND RULES: YOU ARE LEADER IT IS WHAT YOU SAY: He will respond to your correct actions.

APPROACHING/HANDLING: Approach at shoulder; quietly, talk monotone to him while you pat/rub him, keep both hands on him, at all times. Shhhhhh noise won't quiet him, sounds like a snake. Don't raise your hands above your shoulders, unless you need a horse to get back in a pasture situation. Do not stand directly in front or behind him(**blind spots**.)Keep your hands both on the horse to go around to his other *side*. *To keep him away use 1 finger. He should stay out of your space at all times, so you are not stepped on or bitten. Always watch his face, and front hoof.*

SMALL CHILDREN: Keep them on your hip, and hold them.

LEAVING/OR RELEASING HORSE: Always Face a horse, leave, backing away then turn and walk off.

MOODS: Always watch his face/ears. Especially when tightening girth. Angry, ears will be tightly pinned back. Warn someone, Say Watch it, he's mad!

SPOOKING/PULLING BACK AT POST: Do not be afraid, if he is startled at something, just stand back, and say it's okay, then go back when he is quiet. If mounted, just relax it will pass and reassure him., by patting him and speaking quietly to him.

MOUNTING/& SEAT: Left side Left foot, grab some mane, back of saddle, get up. Sit with back straight/ heels down/eyes up/watch his head. /Don't apply pressure to his bit when he is stopped/he will back up. Instead release pressure by putting your hands forward in front of the horn. He will go where his head is pointed. hold reins with your hand closed around the reins, thumbs up and knuckles to outside . Rein/out of the bottom of your hand/to bit. Expect your horse to move forward if another horse does they herd together, but you be in control. When sitting still and walking quietly, give a bit of slack, so the horse does not feel direct pressure on his bit, he will relax.

RELAX/ BREATHE/FOCUS: No Fear, breath normal, keep him away from the rear end of any other horse. (Kicking Zone) Dangerous! In arena, you can pull your horse out and away from horse in front of you, and to left or Right.

CONTROL/TURN/STOPS - pull out in direction you want to go, one reign ARM NOT BENT. To neck rein both reins are in one hand in a fist with your thumb up, put fist forward then cross his neck, in direction you wish to go, keeping your arm straight and going off the corner of his ear.

MOVING OUT: Smooch/cluck / kick with your heels in or squeeze with calves or a combo. Be sure there is slack in rein from your hand to the bit in horse's mouth, no bent elbows, hands forward of horn. Point his head, and move him forward. Make him point his head at the tail in front of him, keep about 3/6 feet behind horse in front of you.

STOPPING: ONLY PULL BACK TO SLOW OR STOP YOUR HORSE, when horse is slow enough or has stopped, THEN RELEASE PRESSURE to his mouth by allowing slack again.

IF YOU FEEL SCARED OR HE STARTS TO GO TOO FAST: Relax your leg away from his sides, heel down, leg forward, stay sitting straight. Don't grab HORN at all. Keep your reins in focus, shortening them and pulling toward your belly, shorten reins again, pull again until he slows or stops and you regain your composure. Then SAY GOOD BOY. **Don't Scream or tighten your legs around horse. & He will stop.**

HOW TO STOP ANY HORSE AT A FULL RUN: If you get on a horse that is not laid back, and is easy to canter, and you feel OUT OF CONTROL, just shorten reins, and get his head, using just one rein, bring his head to the toe of your boot, be sure you release rein on the opposite side, focus on just him stopping his feet, and he will do small circles, do not release his nose until he fully stops moving his feet. Keep leaning into the center of your circle.

PASSING ANOTHER HORSE; Do not allow your horse to pass another horse they are sometimes territorial.

DOWNHILL/UPHILL/ TRAILS: When you go down hill /Lean Back. . Going up hill you can lean forward.

OTHER HAZARDS: Low tree branch, lean forward to go under it. /or push it out of way. Let the rider behind you know

EXITING ARENA /TREES: Pull horse's head away from a tree or as you go out a gate watch your knee, leg, turn wide.

I have read, all rules of Safety and I agree that if I do not understand anything I will ask my Wrangler to explain it to me. I have shared this with each person on this form. (Signatures of all Adults) HERE PLEASE:

1 _____ 2 _____ 3. _____ 4. _____

5 _____ 6 _____ 7 _____ 8 _____

I AM 18yrs, OR OLDER, AND DO NOT WANT A HELMET: Names of all adult riders waiving the helmets offered to them:
All children WILL ALWAYS WEAR A HELMET:

1 _____ 2 _____ 3 _____ 4 _____

5 _____ 6 _____ 7 _____ 8 _____

Name of Person in charge _____ Cell Phone: _____ E-mail: _____

Would you like us to send you information on our summer camps? Yes _____ No _____